Factsheet — June, 2023



### **Cumulative Impact**

The M-LEEaD Center's Community Engagement Core (CEC) increases awareness and understanding of environmental health research.

Stakeholder Advocacy Board members include:

- Community Health and Social Services
- Detroit Department of Public Health
- Detroit Hispanic Development Corporation
- Detroiters Working for Environmental Justice
- Eastside Community Network
- Ecology Center
- Henry Ford Health System
- Michigan
   Environmental Justice
   Coalition
- We the People of Detroit

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#### What is Cumulative Impact?

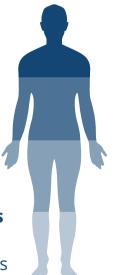
Cumulative impact is a model for understanding multiple environmental exposures, social and economic conditions, and personal risk factors that may increase someone's likelihood of experiencing harm. For example, having an existing health condition and being exposed to air pollution. The combined effect of these factors is called **cumulative impact.** 

## **Exposure to multiple pollutants**

e.g.: traffic pollution, closeness to toxic waste sites, workplace exposures, lead in water.

**Psychological stressors** 

e.g.: chronic stress, adverse childhood events (ACEs).



# Pre-existing health conditions and biological factors

e.g.: diabetes, genetic factors, autoimmune disease.

### Social and economic vulnerabilities

e.g.: limited access to health care, poverty, water affordability

By examining these factors together, we can get a clearer picture of the total impacts on public health. Cumulative impact is a useful tool for understanding why some groups may be more vulnerable to harmful effects from environmental exposures.

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## Why is cumulative impact useful?

- 1 It can more fully assess the health impacts associated with polluting facilities and their emissions for the residents of surrounding communities.
- lt can direct resources to communities that experience higher cumulative impact to reduce their exposures and health risks.
- It can **inform policies and**planning decisions in order to

  promote the health of

  residents experiencing high

  impact.
- It can **identify** places with higher health impacts and address medical care costs associated with decisionmaking.

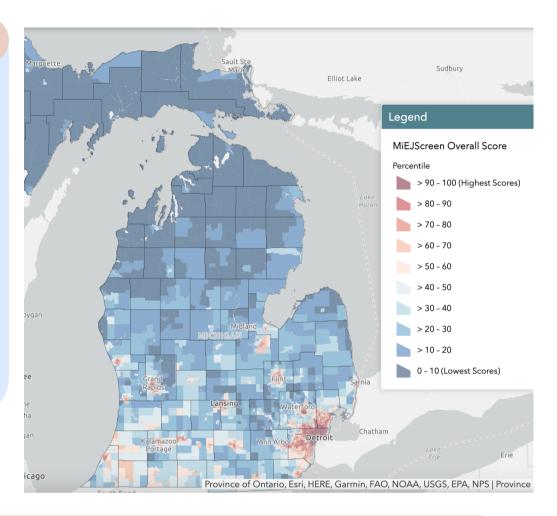
## How can I use cumulative impact to inform my decisions?

- Use cumulative impact data to inform decisions on new infrastructure and limit new pollution sources in communities that already experience high cumulative impact.
- Intervene and invest in communities experiencing high cumulative risk. For example, fitting air filtration systems in homes or schools that are close to sources of air pollution.
- Advocate for better monitoring to provide a more accurate picture of the risks and impacts in a community.
- Require rigorous, independent health impact assessments before issuing new or renewed permits for emission of pollutants



#### **MiEJ Screen**

The MiEJ Screen is a draft online tool created by the Department of Environment, Great Lakes, and Energy. This scoring system is an example of cumulative impact metric, as its uses multiple factors to identify communities most impacted by environmental exposures.



#### What factors are considered in MiEJ's overall score?

- Environmental Effects
- Sensitive Populations

- Socioeconomic factors
- Environmental exposures

Please see <a href="http://mleead.umich.edu/Coec">http://mleead.umich.edu/Coec</a> Fact Sheets.php for the citations included in this factsheet. The University of Michigan Lifestage Environmental Exposures and Disease Center (M-LEEaD) Community Engagement Core (CEC) promotes collaboration among UM environmental health researchers and communities to advance knowledge of environmental health issues that affect community members in Detroit and Southeast Michigan. The content is solely the responsibility of the authors and does not necessarily represent the official views of the National Institutes of Health.