# Michigan Lead & Water Resources

The new Lead & Copper Rule sets a lower limit on the amount of lead allowed in drinking water. Because of this, some Michigan residents have recently been notified of elevated levels of lead and copper in their drinking water for the first time.

## What can you do if you are notified?

#### 1. Get your water tested

- a. To have your water tested by the Detroit Health Department
  - First, use this website to see if your home has lead pipes or a lead service line -<u>English</u>. Spanish.
  - ii. Then fill out this form.
- b. If you or someone you know would like to get your drinking water tested for lead outside of Detroit, contact one of these laboratories. This will cost about \$18.00.
- c. Watch: How to test your drinking water for lead and copper English
- d. Watch: How to test your drinking water for lead and copper Spanish
- e. Watch: How to test your drinking water for lead and copper Arabic

#### 2. Flush your water

- a. How to flush your water pipes English
- b. How to flush your water pipes Spanish
- c. How to flush your water pipes Arabic
- d. Read these tips to reduce lead in your drinking water (Spanish is on 2<sup>nd</sup> page)
- e. <u>Let it run...and get the lead out! Hmong Fact Sheet EH: Minnesota Department of Health (state.mn.us)</u>

# 3. Clean your faucet aerators

- a. How to clean your faucet aerators English
- b. How to clean your faucet aerators Spanish
- c. Watch a video on how to clean your faucet aerator

#### 4. Use Cold Water

 a. <u>Use only cold water</u> for drinking, cooking, and making baby formula if filtered or bottled water is not available

### 5. Make sure you have safe drinking water

- a. Check your local city or county's website for water filter or water bottle distribution. <u>Follow this link</u> to find your local health department's contact information.
  - If you live in Wayne County, contact the closest county office <u>from this</u> list.
- b. Buy your own filters and/or bottled water
  - i. Read about how to identify filters that will reduce lead here.
  - ii. Read about how to identify lead free plumbing products and drinking water systems <a href="here">here</a>.
  - iii. How to install PUR faucet filters English
  - iv. How to install PUR faucet filters Spanish

#### 6. Get your blood lead levels checked

- a. Have your family's blood lead levels tested, especially if you have young children. Ask your healthcare provider or your local health department for blood lead testing.
  - i. Follow this link to find your local health department.
  - ii. Click here to check for free mobile blood lead testing events near you.
  - iii. Lead in children and how often to test: English
  - iv. Lead in children and how often to test: Spanish
  - v. Lead in children and how often to test: Arabic
- If you have other questions about blood lead testing, please call the Michigan Department of Health & Human Services Childhood Lead Poisoning Prevention Program at 517-335-8885 or email them at <a href="MDHHS-CLPPP@michigan.gov">MDHHS-CLPPP@michigan.gov</a>.

## 7. Protect yourself from more lead exposure

- a. Lead can be found in paint, dirt, and dust. Learn how to protect yourself here.
- b. Protect Your Family from Lead in Your Home: English
- c. Protect Your Family from Lead in Your Home: Spanish
- d. Protect Your Family from Lead in Your Home: Arabic
- e. Protect yourself with nutrition: English
- f. Protect yourself with nutrition: Spanish
- g. Protect yourself with nutrition: Arabic

- h. If you use Medicaid, have a child with elevated blood lead levels, or a pregnant person living in the home, consider applying to the <u>Lead Safe Home Program</u>. This will cover home lead testing.
  - i. Lead Safe Home Program Application English
  - ii. Lead Safe Home Program Application Spanish
  - iii. Lead Safe Home Program Application Arabic

## 8. Who you can contact for more information

- a. Your local health department: <u>Follow this link</u> to find your local health department's contact information.
  - i. Dearborn Residents: Lead Water Service Line Information
  - ii. Detroit Residents: Making Detroit Lead Safe
- b. Michigan Department of Health and Human Services, Lead Services Section:

Email: HHSInfo@michigan.gov

Phone: 866-691-5323

- i. For free language assistance services click here.
- c. Your water supplier. Follow this link to find your water supplier.

## 9. Learn more about Lead and Copper and related health effects

- a. Read about lead in drinking water: English
- b. Read about lead in drinking water: Spanish
- c. Read about lead in drinking water: Arabic
- d. Recursos en español: Plomo | US EPA
- e. Find resources in Spanish, Arabic, and many other languages here AND here.
- f. More information on health effects from lead
- g. Questions and answers about the Lead & Copper Rule
- h. Find out more about the how the New Lead and Copper Rule works:
  - i. More information here: <u>Supporting Implementation of Michigan's Revised</u>
    Lead and Copper Rule | Graham Sustainability Institute (umich.edu)